



HEALTH OUTREACH PROMOTIONAL EVENTS (HOPE)

The Health Outreach Promotional Events (HOPE) at Blossoming Health Naturopathic Clinic seeks to give the community experiential access to alternative medicine. By promoting a wide array of activities HOPE brings Chiropractic, Naturopathic, Massage, and Nutritional events to the workplace.

Goal

The primary goal is to educate people about the options and alternatives that natural medicine can provide.

How does it work?

Call our staff to discuss what activities would be appropriate for your workplace. **Check** with your supervisor and schedule date and time for a HOPE event. **Post** a sign in sheet in a visible and conspicuous place. **Invite** your coworkers to sign up and participate.

Activities

- 15 minute free massage therapy
- 20 minute free introductory Naturopathic Consultation
- 20 minute free introductory Chiropractic Consultation
- 20 minute free introductory Nutritional Consultation (Weight Management, diabetes, etc.)
- Workshops: "Make the most of your lunch hour."
- Seminars about: Fibromyalgia, Thyroid issues, Menopause, Andropause, Chronic fatigue, Adrenal glands, Diabetes, Hypertension, and Allergies.

Cost

The HOPE activities are at no cost for the organizations involved. Blossoming Health provides the items and tools for those activities. All that we ask is a semi private room for massage/consultations.

Contact

Schedule a HOPE activity at your workplace today! Contact Humberto Gonzalez

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